

Monarch Park Stadium Camps

MPS CAMP HANDBOOK

1) Message from Monarch Park Stadium

Monarch Park Stadium Camps are celebrating 5! We're in our fifth year of camps and we can't believe how the time has past! From day one, we have always believed in safe fun. What better way to spend summer than running around outdoors with new and old friends. We turned up the fun this summer with new specialty camps in arts, adventure, soccer and leadership. We can't forget about safety with 2018 being our first year as a Provisional One Camp with Ontario Camps Association. We are implementing new and improved standards to ensure the safety of all kids. I look forward to meeting your little one this summer!

Let's Play with MPS Camps!

Alicia Lashley
Camp Director



2) Camp Highlights & Features

- Outstanding facilities including Monarch Park Stadium, Monarch Park and Monarch Park Pool
- Experience Senior and Junior Camp Instructors who work with children in camps and the After School Club all year long and foster strong relationships
- All staff members are certified in First Aid and CPR and receive extensive training before camps begin
- Camp Coordinators and Camp Directors on-hand throughout camp
- Extended Care before and after camp to help parents in need
- Free camp t-shirts provided each week of camp
- New themes each week of Summer Camp
- Camps all-year round including PA Days, March Break and Holiday Camps
- Unique and innovative sports games and activities to keep campers engaged and having fun all summer long
- Specialty Camps Available!

3) Camp Information

A) Facilities

Monarch Park Stadium is a redeveloped sports field at Monarch Park Collegiate Secondary School. The field was redesigned in 2012 to include a brand new turf sports field suitable for soccer, baseball, football, rugby, lacrosse, field hockey and other sports.

The stadium includes a state-of-the-art 370m track covered by a dome in the winter months allowing community use all year. MPS also includes a contemporary fitness training studio indoors with mirrors and brand new fitness equipment.



MPS Camps also uses Monarch Park, Monarch Park Rink, Monarch Park Pool and all green areas in the neighbourhood to maximize the camp experience for all children.

Although MPS Camps is an outdoor camp, the clubhouse is accessible throughout camp offering bathrooms, change rooms, a water fountain and the Community Room. The Community Room and Blue Room are used for daily snacks, lunch breaks, craft sessions, rest periods and a fun room during inclement weather.

B) Age Groups

Full Day Camp: Ages 4 – 12

Monarch Park Stadium Full Day Camp is split by age group. Groups depend on number of total children in the camp week. Ensure all group requests are made during the registration process or by email prior to the week of camp. There will be NO GROUP REQUESTS made during camp.



C) Extended Care

Monarch Park Stadium offers extended care before and after camp for parents in need.



- Early Drop Off: 7:30am – 8:45am
- Late Pickup: 4:15pm – 5:45pm

Extended care is \$5 per morning or afternoon. Campers requiring extended care can pay on the first day of camp or contact the Camp Director in advance to arrange payment.

D) What to Wear, What to Bring

- Socks
- Jacket (windbreaker or rain) for inclement weather
- Light sweater or long sleeve shirt
- Hat and sunscreen
- Water bottle (no glass)

- Comfortable clothing (Camp T-shirt)
- Running Shoes (sandals not encouraged)

- Lunch (Monday to Thursday only,) and snacks (no nuts/nut products.)
- Swimming Accessories on swim days (swim suit, towel, sandals, life jacket, goggles)

E) Instructors

All MPS Camp Instructors have experience working in sport and with youth. Our Senior Instructors have college and university experience in Recreation and Sport, Child and Youth and/or Sports Management. Our support instructors are high school and university students who have worked with us as volunteers in our After School Club or Sports Club programs. All instructors have Police Checks, NCCP Fundamentals Training and CPR First Aid Certification.

F) Ratio

Monarch Park Stadium always maintains a 1:8 ratio with a Senior and a Junior instructor per group. When traveling to our many excursions, we double ratios for transportation. MPS also follows swimming ratios outlined by the City of Toronto, under Swimming & Pools – Safety & Supervision.

G) Fees & Discounts

All Camp fees and discounts are indicated on our website. Register before Family Day to pay the lowest rate for MPS Camps. Family and Multiple Week Discounts are only applicable on prices after May 1.

H) Refunds & Cancellations

Refunds are subject to a \$35 Administration fee per refund. Once the program starts, there will be no refunds issued. There are no refunds/discounts for absences. Transfers and credits are always available at no cost.

Summer Camps: Refunds are only provided prior to July 1.

March Break Camps: Refunds are only provided prior to March 1.

Holiday Camps: Refunds are only provided prior to January 1.



PA Day Camps: Refunds are only provided 1-week prior to the PA Day Date.

I) Community Day

Every year, Monarch Park Stadium celebrates the community by having a free event for the neighbourhood and surround community. Celebrate Community Day at MPS every May with bouncy castles, slushies, bubble soccer and more than you can imagine – all for FREE! Please visit our website in May for more details on MPS Community Day.

4. Program Description

A) Sports and Activities

Monarch Park Stadium celebrates physical activity in multiple ways. Some campers enjoy playing traditional sports such as soccer, football and baseball, while other camps are motivated by activities such as dodgeball, capture the flag and octopus. MPS Camps caters to both preferences by providing new and unique sports as well as innovative and fun activities for all ages. Each week is also inspired by a new theme giving life to more games and activities.

Sports Games: soccer, track, gymnastics, hockey, basketball, volleyball, badminton, football, dance and more

Activities: tag, octopus, capture the flag, cops and robbers, obstacle courses, treasure hunts, dodge ball, quiddich, duck-duck-goose, red rover and more

B) Swimming

Monarch Park Stadium is excited to provide a free swim each week for campers over 6 years of age. The pool is located in Monarch Park where campers will swim once a week in accordance to the City of Toronto swimming rules and regulations. MPS encourages all children ages 6-7 to wear a life jacket. City of Toronto ratios are as follows:
Ages 6-9: 1:4 Ratio – Shallow End
Ages 7-9: 1:8 Ratio – Deep End



Ages 10+: 1:8 Ratio – Shallow End

Ages 10+: 1:10 Ratio – Deep End

- Deep-end: Children who choose to take their deep-end test must swim the length of the pool without assistance in order to be given their deep-end wristband.

Campers under 6 will utilize the splash pad and water stations at Monarch Park Stadium.

C) Excursions (Age Dependent)

Monarch Park Stadium enjoys giving campers new experiences each week by providing an off-site excursion.

MPS

Camps

especially encourage excursions for children ages 8+ to experience our great city of Toronto with camp! Camps travel to excursions by foot or by TTC. Camp excursions include:

- Danforth Bowl
- DeSantos Martial Arts
- Alliance Beach Cinemas
- SkyZone Trampoline Park
- Gladiator SpongeBall
- Toronto Climbing Academy
- Lazer Quest
- Jays Days
- Woodbine Beach
- And much more!

D) Friday Activity Challenge Day

Monarch Park Stadium celebrates the end of the week like no other with the Friday Activity Challenge Day. All MPS Campers are treated to a full day of bouncy castles including the junior castles, the large 90ft obstacle course and the 26ft high inflatable slide. Campers must also complete a large obstacle course featuring the entire camp.

Each Friday Activity Challenge Day also features pizza, slushies and awards for each camper. Dietary restrictions for campers may be considered for pizza and slushies.



E) Websites and Links

Monarch Park Stadium:

<http://www.monarchparkstadium.com>

City of Toronto – Swimming & Pools

<http://www1.toronto.ca/wps/portal/contentonly?vnextoid=d7fadada600f0410VgnVCM10000071d60f89RCRD>

5. Specialty Camps

1) Half-Day Creative Arts Camp: MPS now offers Half-Day Arts Camp. The program features a new visual arts project each day including: colouring, painting, ceramics, sculpturing, stitch work and other architectural building projects. Led by our very own Arts Major student, the camp program provides a fun alternative for the children's creative side. Half-Day Arts Campers are also invited to stay for the full day with an afternoon camp option with the General Activity Camp.

2) Urban Adventure Camp: MPS now also offers Urban Adventure Camp. With such a great city, why not explore the beautiful City of Toronto! The camp week includes Beach Days, Swim Days and amazing excursions like rock climbing, laser quest, spongeball, sculpturing, Jays Days, Toronto Island, bowling, movies, archery tag, and much more. MPS Urban Adventure Camp is packed with excursions each day of camp to keep kids on the go! Excursions range from 1-3 hours not including transportation. Most excursions require between 15 minutes - 45 minutes of transportation. All transportation is by TTC or by foot. When campers are not on an excursion, they enjoy sports games and activities at the stadium.

6. Frequently Asked Questions

1) My child is interested in registering for multiple weeks. Can I do so online and do I need a Multiple Week Discount Code? What if I want to register after the first week of camp?

Yes. All registration is online including multiple weeks. Discounts only apply with REGULAR PRICING, therefore if pricing is in Early Bird or Family Day, there are no discounts. Registration stays open throughout the summer, however we cannot guarantee there will be space one week prior. We encourage early registration to ensure a spot in that week of camp.

2) I would like to register multiple children. Is this also done online or do I need to contact someone to get a code?

Yes. All registration is online including multiple children. Discounts only apply with REGULAR PRICING, therefore if pricing is in Early Bird or Family Day, there are no discounts.

3) I want to register for the short week and extended care. Where is this located? I didn't see it in the registration.

Please look through the Camp Description of the Registration page for a link to Short Week. All campers will receive an email one-week prior to camp with details on Extended Care payment

4) My daughter is excited to go to camp, but can often be very nervous. She has a friend also registered for that week of camp and would like to be paired together. Is this possible?

Yes. Please include your daughter's friend's name on her registration form under Comments so we can be sure to include them in the same group prior to the week of camp. There will be no group requests on the week of camp.

5) Who operates Monarch Park Stadium Camps?

MPS Camps are operated by a team of dedicated professionals who run camps for over 3000 children in the community. Monarch Park Stadium also runs a Little LEAGUERS program and an After School Club with another 500 children from the community. All staff is dedicated to providing physical activity in a safe and secure environment for all kids.

6) Who are MPS Camp Counselors and what kind of certification do they have?

MPS Camp Counselors come with experience working in sport and working with youth. Our lead counselors have college and university experience in recreation and sport, child and youth and sports management. Our support counselors are high school students who have worked with us as volunteers in our After School Club or Sports Club programs. We always maintain a 1:8 ratio with one lead counselor and one support counselor per group. All staff have police checks, NCCP Fundamentals Training and are CPR and First Aid certified.

7) What kind of games do the campers play and what is a typical day at MPS Camps?

MPS Camps engages in all sports including: soccer, track, gymnastics, hockey, basketball, volleyball, badminton, football and more. The camp also plays many different activity games such as: tag, octopus, capture the flag, cops and robbers, obstacle courses, treasure hunts and more. Each week of camp also features a theme which inspires new and unique games. The day starts with ice breakers and cooperation games, followed by a snack, activities and sports circuits or excursions, free play, lunch, sports games, snack break, final themed games and check-out.

9) What kind of precautions do you take for hot days at camp?

If the temperature is too hot or unsafe for children we take the following precautions:

- All campers spend between 30-45 minutes at a time outdoors for hot days.
- MPS has implemented water stations around the field to ensure kids can take water breaks more easily.
- There are tents up for check-in-out and shade breaks throughout the day.
- All groups are mandated to do a sunscreen re-application at 11AM, 1PM and 3PM if necessary. There is a sunscreen booth with sunscreen available for all campers.
- Camp activities are planned around using the park, pool and indoor spaces more frequently on hot weeks especially during peak hot times from 11AM – 3PM during the day.

9) Can you tell me more about the excursions and swim days?

As Monarch Park Stadium Camps continues to grow each year, we have partnered with community group and organizations in and around the neighbourhood to provide more excursions for our older campers. This summer camp, ages 8+ will go on different excursions 2-3 times per week. Excursions include bowling, movies, Lazor Quest, Sky Zone, Woodbine Beach, ET Seton Park, Toronto Island and much more! This year ages 4-5 will also experience reverse excursions where MPS will bring in a community group to do an activity at the stadium. We have found this method of doing excursions more valuable and safer for this age.

Swim excursions occur once a week for ages 6+. All 6 year olds are required to wear a life jacket due to City of Toronto ratios. We do not take 4-5 year olds to the pool due to 1:2 expected City of Toronto ratios. Due to the high number of 5 year olds in our camp and the extremely high ratio required, we do not have enough instructors or volunteers to support this ratio. Ages 4-5 do enjoy water activities at the stadium rather than the splash pad because in our experience bringing 25+ campers ages 4-5 to the splash pad has not been a positive experience.

10) What is your cancelation policy?

All campers must provide at least 2 weeks notice to receive full refund less \$35 administration fee. Less than two weeks prior to camp, only a 50% refund will be provided. After the camp week starts, there are no refunds for missed or sick days. There is no fee to shift weeks of camp and in special circumstances, MPS will provide a credit for a missed week of camp.

7. Accident Procedures

In the event a child is injured during a camp activity, MPS staff take the following steps to ensure the safety and security of all children:

1. Ask the child if they would like to sit out or resume play
 - a. If they choose to resume playing, check back in 5 minutes to see if they are alright.
 - b. If the child chooses to sit out or has visible injuries, follow step 2.
2. If the child is physically injured or chooses not to return to play, perform First Aid: Ice, band-aid, gauze, washing, alcohol, etc...
 - a. MPS staff must inform parents of the incident with a phone call or after pick up depending on the severity of the issue
3. In the event of a serious injury, MPS Staff will contact emergency services (911) AND parents to decide next steps.
4. An injury report is filled out and given to supervisor to prevent future injuries.

8. Contact Information

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