

# Camp Policies and Procedures Leaders in Training

The Stadiums' main priorities are fun and learning for each and every leader! To prepare for success please see below for a list of items to help get ready:

# 1. EXPECTATIONS

- a. Leaders are not campers and should be respectful, engaging, helpful and prompt as they are the future leaders of camp programs
- b. Learning workshops indoors and outdoor reviewing LIT Manual including Resume Workshop
- c. Sports and activities of high and low energy all day
- d. Participation in all activities including dressing up for theme days and working together with teammates to give high energy and spirit to challenges
- e. Unsupervised lunch for everyday from 12:00pm 1:00pm where leaders are given permission to leave premises and return promptly.
- f. Volunteering at least one week at MPS Camps after LIT camp
- g. Swimming 1-2 times a Week
- h. Successful completion of LIT test based on knowledge from leadership camp

### 2. CAMP TIME

- a. Full Day: 9:00am 4:00pm
- b. Early Drop-Off: 7:30am 8:45am | Late Pickup: 4:15pm 5:45pm
  - i. Volunteers can be dropped off early and picked up late to help with setup and clean-up of youth camp activities

#### 3. CHECK IN/CHECK OUT

Drop off and pick up takes place at the designated group drop-off/pick-up location – outlined in the clubhouse. Please arrive at the Drop-Off Location by 9:00am to meet child(ren)'s counselor(s)and CHECK IN. Volunteers can also make their way to the stadium and walk home on their own with parent permission.

#### 4. WHAT TO BRING

- a. Camp T-shirt (provided by March Break and Summer Camps)
- b. Running shoes, or athletic closed-toe shoes
- c. Lunch (Pizza Lunch provided on Friday)
- d. 2 Healthy Snacks (No Nut products of any kind)
- e. Water bottle (no glass)
- f. Sunscreen & Hat
- g. Weather appropriate clothing
- h. Writing Materials: notebook and pen
- i. Theme Days: Costumes and Props
- j. Beach and Swim Days: Swimsuit, towel, sandals, lifejacket (required for ages 6-7)

## 5. WHAT NOT TO BRING

- a. Any electronics devices including but not limited to: Gameboys, portable gaming devices, mp3s, iPods, iPads, tablets, or laptops.
- b. Phones are NOT permitted during camp. If a leader needs to contact parents, they can do so with MPS-CTS phone only. Otherwise phones are only allowed before camp, during lunch or after camp.
- c. Any valuable items, and/or games that may be lost at camp (MPS-CTS does not assume responsibility for lost or stolen items).
- d. Peanuts, tree nuts, or any products that contain traces of either

## 6. INCLEMENT WEATHER POLICY

Stadium Summer Camps is largely held outdoors. In case of inclement weather, such as thunder, lightning, torrential rain or extreme heat leaders will move indoor to the Community Room Space. Occasionally leaders will also be taken on excursions to avoid inclement weather. Camp provides water and sunscreen throughout the facility to enforce hydration and skin protection during hot days. Water breaks are taken at least once every 30 minutes. Sunscreen is applied at 10AM, 1PM, and 3PM if necessary. Camp also visits the park and go for 2+ water days on hot weeks to avoid the heat, but continue to play in shaded or water areas.

## 7. BEHAVIOUR POLICY

Leaders are not campers and should act accordingly. The highest level of respect and cooperation is expected from all leaders. If proper behaviour is not followed, leader and parents will be warned once and dismissed immediately after the second warning.

### 8. FOOD & ALLERGIES

- a. All camps are action packed! Please provide adequate lunch and snack to keep energy high throughout the long day of sports, activities, excursions and swimming. Reminder each leader should have 2 healthy snacks and 1 lunch.
- b. Please inform a Camp Director if your child(ren) require specific dietary alternatives (eg. Gluten free, dairy free,) and the camp will accommodate as best we can, given the restriction(s).
- c. Please confirm any food allergies your leader(s) may have.
- d. Please notify us if there are any special circumstances we should know about prior to camp.

# 9. POOL & BEACH

- a. Camps will visit nearby pools at least once a week, twice or more on hot weeks. The City of Toronto ratios dictate all of our policies and procedures that are indicated in the list below:
  - i. Children who cannot pass the facility swim test must remain in the shallow end of the pool and remain directly supervised
  - ii. Leaders will only be allowed to swim at the beach if there is a lifeguard on duty.

#### **10. EXCURSIONS**

The excursions are provided to keep kids engaged throughout the week and the summer of activities. For all other excursion details including; location, day, time, travel information, etc. please see the attached document. Excursions do not occur for all camps. Excursion schedule is provided directly to parents through website and emails for specific camps.