

# Camp Policies and Procedures

The Stadiums' main priorities are fun and safety for each and every camper! To prepare for success please see below for a list of items to help get ready for Camps:

#### 1. EXPECTATIONS

- a. Outdoor Day Camp: 30-45 minute outdoors with 15 minute breaks indoors or shaded areas
  - i. More time is spent indoors if necessary See Inclement Weather Policy
- b. High level of care and attention from all Counsellors
- c. Sports and Activities of high and low energy all day
- d. Skill development, organized sports, group games, organized free play, themed activities
- e. Water breaks, bathroom breaks, snack and lunch breaks every 30 45 minutes
- f. Swimming 1-2 times a Week

#### 2. CAMP TIME

- a. Full Day: 9:00am 4:00pm
- b. Early Drop-Off: 7:30am 8:45am | Late Pickup: 4:15pm 5:45pm

Early Care costs \$5 each/day.

**Payment Options:** 

- CTS Cash/Cheque
- MPS Cash, Credit, Debit
- · Pay on the first Monday of the Camp Week

#### 3. CHECK IN/CHECK OUT

Drop off and pick up takes place at the designated group drop-off/pick-up location – outlined in the clubhouse. Please arrive at the Drop-Off Location by 9:00am to meet child(ren)'s counsellor(s)and CHECK IN

At 3:45pm counsellors will bring children back to the designated group drop-off/pick-up location for CHECK OUT by parent/guardian/caregiver or other authorized individual(s).

## 4. WHAT TO BRING

- a. Camp T-shirt (provided by March Break and Summer Camps)
- b. Running shoes, or athletic closed-toe shoes
- c. Lunch (Pizza Lunch provided on Friday)
- d. 2 Healthy Snacks (No Nut products of any kind)
- e. Water bottle (no glass)
- f. Sunscreen & Hat
- g. Weather appropriate clothing
- h. Swim Days Only: Swimsuit, towel, sandals, lifejacket (required for ages 6-7)

## 5. WHAT NOT TO BRING

- a. Any electronics devices including but not limited to: Gameboys, portable gaming devices, mp3s, iPods, iPhones, iPads, tablets, or laptops.
- b. Any valuable items, and/or games that may be lost at camp (we does not assume responsibility for lost or stolen items).
- c. Peanuts, tree nuts, or any products that contain traces of either

### 6. INCLEMENT WEATHER POLICY

Stadium Summer Camps is largely held outdoors. In case of inclement weather, such as thunder, lightning, torrential rain or extreme heat campers will move indoor to the Community Room Space. Occasionally campers will also be taken on excursions to avoid inclement weather. These excursions will include nearby locations such as movies, board game cafés or indoor studio space. Parents will be notified via email if we intend on leaving the facility.

Camp provides water and sunscreen throughout the facility to enforce hydration and skin protection during hot days. Water breaks are taken at least once every 30 minutes. Sunscreen is applied at 10AM, 1PM, and 3PM if necessary. Campers also visit the park and go for 2+ water days on hot weeks to avoid the heat, but continue to play in shaded or water areas.

#### 7. T-SHIRTS

March Break and Summer Camps will provide each camper with a camp T-shirt on the first day of the week. Campers signed up for multiple weeks will receive multiple t-shirts. Campers are expected to wear camp T-shirts every day to help counsellors keep track of the campers especially at the pool and other excursions.

Each week campers are encouraged to wear themed accessories to earn spirit points. If there is a T-shirt appropriate to the theme, they would be encouraged to wear this on non-excursion days only.

## 8. FOOD & CAMPER ALLERGIES

- a. All camps are action packed! Please provide adequate lunch and snack to keep campers' energy high throughout the long day of sports, activities, excursions and swimming. Reminder each camper should have 2 healthy snacks and 1 lunch.
- b. Please inform a Camp Director if your child(ren) require specific dietary alternatives (e.g. Gluten free, dairy free,) and the camp will accommodate as best we can, given the restriction(s).
- c. Please confirm any food allergies your camper(s) may have.
- d. Please notify us if there are any special circumstances we should know about prior to camp.

## 9. POOL

- a. Camps will nearby Pools at least once a week, twice or more on hot weeks. The City of
  Toronto ratios dictate all of our policies and procedures that are indicated in the list below:
  - i. Children who cannot pass the facility swim test must remain in the shallow end of the pool and remain directly supervised by their counsellor
  - ii. Ages 6 who cannot pass the deep-end test must wear life jackets to allow us to bring all children
  - iii. Children 7 years or older, who can pass the facility swim test, must be accompanied and supervised in a 1:10 ratio

## 10. EXCURSIONS

The excursions are provided to keep kids engaged throughout the week and the summer of activities. For all other excursion details including location, day, time, travel information, etc. please see the website. Excursions do not occur for all camps. Excursion schedule is provided directly to parents through website and emails for specific camps.